

EUSU

EDINBURGH UNIVERSITY SPORTS UNION

PARTNER WITH US



SU EDINBURGH UNIVERSITY
SPORTS UNION
COACHING & VOLUNTEERING

EDINBURGH UNIVERSITY SPORTS UNION

#WeAreEdinburgh

THE UNIVERSITY OF EDINBURGH IS ONE OF THE WORLD'S TOP UNIVERSITIES, CONSISTENTLY RANKED IN THE WORLD TOP 50.



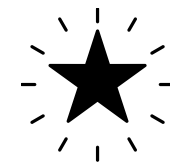
WE ARE THE BEST SPORTING UNIVERSITY IN SCOTLAND AND RANK TOP 5 IN UK.

**Always
Inclusive**



EDINBURGH UNIVERSITY SPORTS UNION IS AN INTEGRAL COMPONENT OF POSITIVE STUDENT EXPERIENCE AND SENSE OF BELONGING WITHIN OUR UNIVERSITY COMMUNITY, MAKING MEMORIES AND FRIENDSHIPS WHICH LAST A LIFETIME, WHILE STRIVING FOR EXCELLENCE AT EVERY LEVEL OF SPORTING COMPETITION.

**Strive for
Excellence**



THE SPORTS UNION HAS OVER 8000 MEMBERS EVERY YEAR, WITH MEMBERS FROM MORE THAN 100 DIFFERENT COUNTRIES. AND WE SUPPORT OVER 1000 STUDENT VOLUNTEERS THROUGH OUR COACHING AND VOLUNTEERING ACADEMY.

Be

Innovative



PARTNERING WITH US WOULD GIVE YOU ACCESS TO MOTIVATED, ENGAGED AND UPSKILLED STUDENTS AS WELL AS OUR STRONG ALUMNI COMMUNITY.

WE WOULD LOVE TO WORK WITH YOU TO CONTINUE TO IMPROVE OUR OFFER TO STUDENTS.

EUSU

THE COACHING & VOLUNTEERING ACADEMY

THE COACHING AND VOLUNTEERING ACADEMY (CVA) SERVES TO ENHANCE THE EXPERIENCE OF COACHES, OFFICIALS, AND VOLUNTEERS THROUGH THE PROVISION OF LEADERSHIP AND DEVELOPMENT OPPORTUNITIES.

THE CVA CATERS TO:

> 8,000

**SPORTS
UNION
MEMBERS**

> 800

**CLUB
COMMITTEE
MEMBERS**

> 350

**REGISTERED
COACHES**

THROUGH THE CVA, WE OFFER A WIDE RANGE OF INITIATIVES THAT ALLOW INDIVIDUALS, TO GROW AND DEVELOP. THE CVA SETS OUT CLEAR STANDARDS AND A REFRESHED APPROACH TO TRAINING AND QUALIFICATIONS. WE STRIVE TO BUILD A MORE DIVERSE GROUP OF VOLUNTEERS.

OUR PROGRAMMES

THROUGH PARTNERSHIPS, THE CVA HAS BEEN ABLE TO DELIVER VALUABLE EXPERTISE TO DEVELOP ITS MEMBERS, ALLOWING FOR THE WIDER ENHANCEMENT OF STUDENTS EXPERIENCES WITH SPORT AT EDINBURGH

IN THE 22/23 ACADEMIC YEAR:

FUNDED

OVER 60 COACHING
AND OFFICIATING
COURSES FOR
STUDENTS

ENGAGED

STUDENT
VOLUNTEERS IN
THE EDINBURGH
AWARD

CONCUSSED

WAS DEVELOPED
AND LAUNCHED
AS A TRAINING
MODULE

CPD OFFERING

OVER 700 PARTICIPANTS IN OUR CPD OFFERING THEMES SUCH AS MENTORING, MENTAL HEALTH FIRST AID, ACTIVE BYSTANDER AND SPORTS PSYCHOLOGY

WORK WITH US TO ENHANCE OUR CVA OFFERING

THE UNIVERSITY OF EDINBURGH IS RANKED IN THE TOP 10 IN THE UK FOR THE EMPLOYABILITY OF GRADUATES - TIMES HIGHER EDUCATION, GLOBAL EMPLOYABILITY UNIVERSITY RANKING 2022

EDINBURGH AWARD

SPONSOR THE LEADERSHIP OR COACHING VERSIONS OF THE AWARD, PROVIDING FINANCE AND RESOURCES TO SUPPORT THE PROGRAMME.

VOLUNTEER ZAMBIA

SPONSOR UNIVERSITY OF EDINBURGH STUDENTS TO PARTICIPATE IN THE PROGRAMME AND SUPPORT THEIR DEVELOPMENT AS COACH EDUCATORS.

CONTINUING PROFESSIONAL DEVELOPMENT

DELIVER CPD WORKSHOPS TO CLUB COMMITTEE MEMBERS AND VOLUNTEERS FROM PROFESSIONALS IN AREAS SUCH AS FINANCE, LAW, RESEARCH AND LEADERSHIP.

OUR OFFER TO YOU

ACCESS TO THE MOST ENGAGED STUDENTS AT THE UNIVERSITY OF EDINBURGH, WHO ARE EAGER TO ENGAGE IN NEW LEARNING AND DEVELOPMENT OPPORTUNITIES.

UPSKILLED RECENT GRADUATES AND ALUMNI

ACCESS TO >1000 STUDENTS VOLUNTEERS AND COACHES

ADVERTISE AT/ SPONSOR EVENTS OF UP TO 8000 STUDENTS

SPONSOR THE CVA MEMBER OF THE MONTH REACHING SHARED ACROSS CHANNEL WITH >6000 FOLLOWERS

ENGAGEMENT IN DIGITAL OPPORTUNITIES IN NEWSLETTERS ENGAGING >1000 STUDENTS WEEKLY

SU EDINBURGH UNIVERSITY
SPORTS UNION
COACHING & VOLUNTEERING

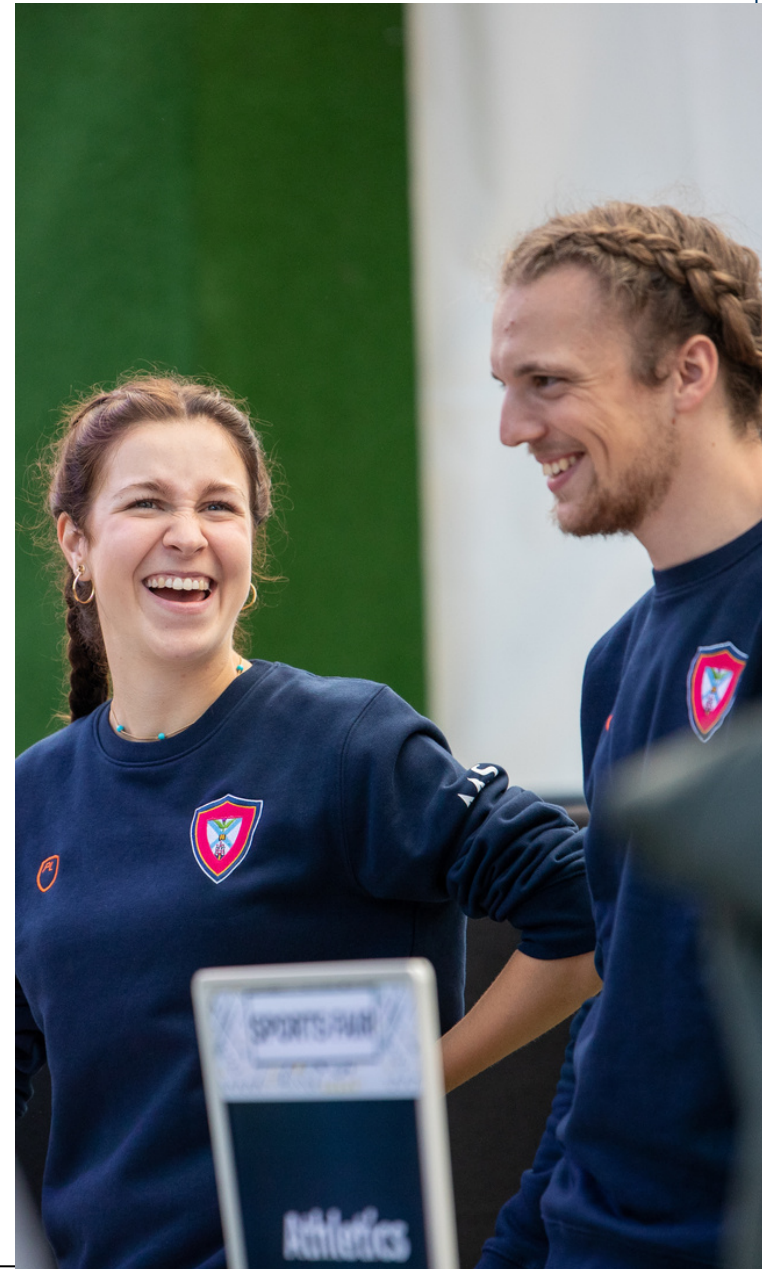


THE EDINBURGH AWARD

THE CVA SUPPORTS THE EDINBURGH AWARD, A PROGRAMME THAT PROVIDES STUDENTS WITH THE KNOWLEDGE TO APPLY TRANSFERABLE SKILLS THEY HAVE ACQUIRED THROUGH PARTICIPATION IN SPORT AND INTENTIONALLY DEVELOP GRADUATE ATTRIBUTES AND IMPROVE EMPLOYABILITY OUTCOMES FOR GRADUATES INVOLVED.

THE AWARD IS ACCREDITED BY THE CAREERS SERVICE THE EDINBURGH AWARD PROVIDES A SUPPORTIVE ENVIRONMENT WHERE STUDENT VOLUNTEERS ACROSS THE UNIVERSITY OF EDINBURGH CAN NETWORK, DEVELOP, AND REFLECT ON THEIR CONTRIBUTIONS TO THE UNIVERSITY.

IN 2022/23, 32 STUDENTS FROM EUSU COMPLETED THE AWARD. THEY SHOWED COMMITMENT TO PARTICIPATE IN 3 SESSIONS , UNDERTOOK PERSONAL DEVELOPMENT AND REFLECTION, AND LEARN HOW TO SHOWCASE THEIR ABILITIES IN CV AND INTERVIEWS WORKSHOPS.



WORKFORCE DEVELOPMENT

THE CVA SUPPORTS BOTH STUDENT AND NON-STUDENT COACHES, OFFICIALS, AND VOLUNTEERS, IN THEIR CONTINUING PROFESSIONAL DEVELOPMENT.

IN COLLABORATION WITH OUR PARTNERS, WE ENDEAVOR TO ARRANGE A DIVERSE OFFERING OF WORKSHOPS, FORUMS, AND SEMINARS DURING THE ACADEMIC YEAR.

2022/23 INCLUDED

MENTAL HEALTH FIRST AID

RED-S SESSIONS

COACHING FUNDAMENTALS

SPORTS PSYCHOLOGY

SPORTS FIRST AID

STRENGTH AND CONDITIONING

THE CVA IS CONTINUALLY LOOKING FOR EXPERTISE AND RESOURCES TO EXPAND OUR OFFERING TO COACHES, AND ASSISTING THEM IN DEVELOPING THEIR LEADERSHIP SKILLS, PROFESSIONAL EXPERIENCE, AND EMPLOYABILITY.

EDINBURGH WINTER RUN

THE EDINBURGH WINTER RUN IS DELIVERED IN COLLABORATION WITH DURTY EVENTS. IN 2023, AFTER A 3-YEAR HIATUS, OVER 500 MEMBERS OF THE UNIVERSITY OF EDINBURGH COMMUNITY JOINED THE EDINBURGH RUNNING PUBLIC TO BRAVE THE COLD IN A 5KM FUN RUN AROUND THE ICONIC ARTHURS SEAT, WITH OVER 1,000 TAKING PART.

TAKING PLACE AT THE END OF JANUARY THIS RUN SHOWCASES THE COMMUNITY SPIRIT OF THE UNIVERSITY AND ACTS AS ENCOURAGEMENT FOR PARTICIPANTS TO GET THE RUNNING SHOES ON, WHETHER THEY ARE AIMING FOR A PB OR TAKING PART FOR THE FIRST TIME.

WHATEVER THE WEATHER, THE 2024 EVENT IS SET TO BE BIGGER THAN EVER.



VOLUNTEER ZAMBIA

VOLUNTEER ZAMBIA IS AN INTERNATIONAL SPORT PROGRAMME RUN BY THE WALLACE GROUP – A COLLABORATION BETWEEN LEADING UK ‘SPORT’ UNIVERSITIES SUPPORTING AND WORKING WITH THE LARGEST ZAMBIAN SPORTS NGO, SPORT IN ACTION.

THE PROGRAMME USES THE POWER OF SPORT TO ENGAGE, EDUCATE AND EMPOWER YOUNG PEOPLE IN ZAMBIA AND THE UK, WITH A PARTICULAR FOCUS ON WOMEN AND GIRLS AS COMMUNITY LEADERS.

EACH YEAR STUDENTS WORK ALONGSIDE SPORT IN ACTION STAFF AND VOLUNTEERS, HELPING TO IMPROVE QUALITY OF LIFE AND DELIVER KEY HEALTH MESSAGES. THE PROJECT FOCUSES ON COACH EDUCATION FOR BASKETBALL, WOMENS FOOTBALL AND NETBALL.



CONCUSSED

CONCUSSED IS AN INTERACTIVE COURSE, THE FIRST OF ITS KIND ACROSS STUDENT SPORT IN THE UK, EDUCATING COACHES, VOLUNTEERS AND STUDENT ATHLETES ABOUT THE CAUSES, SYMPTOMS AND EFFECTS OF CONCUSSION.

IN 2022/23 OUR MEMBERS TOOK PART IN CONCUSSED, A COLLABORATIVE CONCUSSION AWARENESS PROJECT DELIVERED BY DR STEPHANIE ADAMS, IN PARTNERSHIP WITH EUSU.

190

STUDENTS TOOK PART IN THE PROGRAMME IN 2022/23

18

COACHES THEN TOOK PART IN FURTHER CONCUSSION EDUCATION



ACTIVE BYSTANDER TRAINING

AS PART OF OUR CONTINUING EFFORTS TO ELIMINATE SEXUAL AND GENDER-BASED VIOLENCE, AND ALL FORMS OF ABUSE FROM OUR STUDENT SPORT COMMUNITY, ALL COACHES AND VOLUNTEERS WERE ENCOURAGED TO UNDERTAKE ACTIVE BYSTANDER TRAINING.

THE AIM WAS TO BUILD KNOWLEDGE AROUND GENDER-BASED VIOLENCE AND DEVELOPING PERSONAL LEADERSHIP AND IS SPECIFICALLY TAILORED TO SPORTS AND SOCIETIES.

>460 STUDENTS TOOK PART IN 2022/23



THE FUTURE OF THE CVA

THE CVA SEEKS TO CONTINUE FACILITATING THE DEVELOPMENT OF ITS MEMBERS AND SUPPORTING THE DELIVERY OF A HIGH-QUALITY SPORTING EXPERIENCE.

OUR GOALS IN 2023/24

- ENHANCED CPD OPPORTUNITIES FOR OUR COACHES AND VOLUNTEERS
- EXPANSION OF THE CONCUSSED MODULE
- CONTINUAL ENGAGEMENT WITH ACTIVE BYSTANDER TRAINING
- MORE OPPORTUNITIES TO GET INVOLVED WITH THE EDINBURGH AWARD
- SUPPORTING CLUBS TO RECRUIT, RETAIN AND DEVELOP COACHES



HEAR FROM OUR MEMBERS



NATASHA HOMER

**NEIL CAMPBELL SHIELD RECIPIENT FOR
VOLUNTEER OF THE YEAR (2021/22)**

**"SINCE COMING TO EDINBURGH IN 2018,
COACHING WAS A MASSIVE FACTOR IN
MAKING EDINBURGH FEEL LIKE HOME. I'VE
LEARNT HOW TO BALANCE MY TIME SUPER
EFFECTIVELY BUT I THINK THE MOST
IMPORTANT THING I'VE GAINED IS
CONFIDENCE. I'M MASSIVELY MORE
CONFIDENT IN MYSELF AND MY ABILITIES
THAN I WAS EVEN A COUPLE OF YEARS
AGO, AND VOLUNTEERING IN UNIVERSITY
SPORT CAN TAKE A LOT OF THE CREDIT FOR
THAT!"**



HANNAH CAMPBELL

STUDENT COACH OF THE YEAR (2022/23)

**"I'VE COACHED THROUGHOUT MY
UNDERGRADUATE DEGREE AND HAVE
BEEN CONTINUOUSLY SUPPORTED BY THE
CVA . FROM AN INTERNSHIP TO THE
OPPORTUNITY TO COACH IN ZAMBIA, IT
HAS PROVIDED ME WITH MULTIPLE
OPPORTUNITIES TO DEVELOP MY
COACHING SKILLSET AND TRANSFERABLE
SKILLS WHICH HAVE BENEFITTED ME IN
OTHER ASPECTS OF MY LIFE. MOST OF
ALL, I'VE MET SOME INCREDIBLE ATHLETES
AND COACHES AND HAD FUN ON THE
JOURNEY."**

CONTACTS



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